

ORIENTATION FOR CONCURRENT PLACEMENT

REHABILITATION SETTING

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香港大學社會工作及社會行政學系



To develop capabilities and potentials of people with disabilities;



To facilitate their community living;



To empower them and their families to assert their rights;



To enhance their quality of life;



To create an inclusive society and to promote social equality

OVERALL OBJECTIVES OF SERVICE

SERVICES ARE CATEGORIZED BY

- Age
- Types of Disability
- Nature of Services (i.e. residential, community-based, training, vocational/employment, and supportive)

TYPES OF SERVICES

- Adult Services (aged >15)
- <https://www.swd.gov.hk/en/pubsvc/rehab/>
 - Services for People with ID (MH)
 - Services for People with ex-MI
 - Services for People with PD (PH)

**What is the
reason for
selecting the
rehabilitation
setting?**

SHARE YOUR THOUGHTS!

PARENTS RESOURCE CENTRE

- Parents and relatives of persons with disabilities
- family members or carers of persons of all disabilities



THE OBJECTIVES OF PRCs ARE:

- To enhance **self-support and mutual help** within and among families with members with disabilities;
- To enhance parents' and other family members'/relatives' **knowledge and acceptance** of their family members/relatives with disabilities;
- To empower the entire family functioning in **coping with their emotional stresses** and difficulties in raising person with disabilities; and
- To enhance **public understanding and acceptance** of persons with disabilities and their families in the community.



NEEDS OF PARENTS AND FAMILIES

- Experience stress and complex emotions that may influence family interactions and relationships.
- Parenting issues.
- They may overlook their own needs, those of their spouse and other children.
- Acceptance

THE SERVICES INCLUDE:

- Discuss matters of mutual interest and meet others with similar problems;
- Provision of support services, which include individual, group and mass activities for parents and relatives of persons with disabilities to meet the families' needs;
- Provision of community education/ networking programmes to promote public understanding and acceptance of persons with disabilities; and
- Provision of intensive counselling and therapeutic groups to improve parents' ability to take care of their children with special needs.
- PRCs with specialised EM units will also provide tailored services for EM service users in view of their language barrier and cultural difference to facilitate and encourage their use of community services to meet their needs and to promote social inclusion.

NECESSARY SKILLS

- Understand related knowledge and resources:
 - Knowledge of different SENs
 - Community resources: financial, training, tutorial support....
- Individual counselling skills
- Family counselling skills
- Therapeutic groups: stress and emotional management...
- Educational groups: parental skills...



EXAMPLES OF GROUPS/PROGRAMME/PROJECT

- Groups
 - Parents:
 - Stress management, mental wellbeing,
 - Parental skills
 - Relationship with children
 - Children
 - Social skills
 - Emotional management
 - Self esteems
 - Exploring their strength
- Programme
 - Family relationship
 - Family communication

COMMUNITY REHAB NETWORK CRN

- To support individuals with chronic illnesses in building a strong and sustainable support network within the community, enabling them to lead meaningful and fulfilling lives
- Provision of ongoing assistance, including educational and training programs, opportunities for social connection, and access to comprehensive social support services.

SOME NECESSARY SKILLS

- Ability to genuinely understand and share clients' feelings, building trust and rapport.
- Ability to evaluate clients' needs, strengths, and barriers, and develop appropriate intervention plans.
- Familiarity with local social services, healthcare, and support programs to effectively connect clients with relevant resources.
- Counselling skills and Building collaborative relationships with clients, families, and multidisciplinary teams.

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EXAMPLES OF GROUPS/PROGRAMME/PROJECT

- Groups
 - Peer support
 - Emotional management
 - Self esteems
 - Exploring their strength
- Program
 - Family involved
 - Carer support

CARERS....

WHAT ARE THEY EXPERIENCING?



INTEGRATED COMMUNITY CENTRE FOR MENTAL WELLNESS (ICCMW)

- To enhance the social support and re-integration of the ex-mentally ill persons into the community
- Through the one-stop and integrated service mode, the ICCMW provides one-stop, district-based and accessible community support and social rehabilitation services ranging from early prevention to risk management for discharged mental patients, persons with suspected mental health problems, their families / carers and residents living in the serving district through a single-entry point.

A photograph of three wooden figures standing on a white surface. The figure in the center is red, while the two flanking it are white. They are simple, rounded, and have a smooth finish. The background is a light blue gradient.

SERVICE TARGETS

- Persons in mental recovery
- Persons with suspected mental health problems
- Their families or carers and
- Residents living in the serving district.

NEEDS

- Experience emotional distress.
- Have mental illnesses such as depression, anxiety, or schizophrenia, but do not manage their illness properly.
- Deal with unemployment and struggle to find acceptance and employment in society.
- Have low self-esteem and feel misunderstood by the general public.
- Experience stress as caregivers.

SCOPE OF SERVICES

- Drop-in services;
- Outreach services;
- Casework counseling;
- Therapeutic and supportive group work services;
- Social and recreational activities;
- Day training;
- Outreach occupational therapy training services;
- Peer support services;
- Clinical psychological service;
- Public education programs on mental health;
- Referral to the Community Psychiatric Service of the Hospital Authority for clinical assessment or psychiatric treatment.



NECESSARY SKILLS

- Understand related knowledge:
 - Knowledge of different mental illness
 - Service model: Recovery model, strength-based approach, Integrative family and systems treatment (I-FAST)
- Individual counselling skills
- Family counselling skills
- Therapeutic groups
- Community education programmes
- Programmes promote social inclusion



EXAMPLES OF GROUPS/PROGRAMME/PROJECT:

- Group
 - Volunteer training, social skills training, stress management, emotional regulation, mental wellbeing, self-understanding...
- Programme/project
 - Outings
 - Promotion inclusion
 - Public education

SHARING FROM GRADUATES



EXPECTATIONS



PERFORMANCE OF
STUDENT WORKER



EXPECTATIONS ON
SUPERVISOR

BEFORE PLACEMENT



New Life
Psychiatric Rehabilitation Association
新生精神康復會



香港復康會
The Hong Kong Society
for Rehabilitation



Read
placement
handbook



Ask question



PLACEMENT PERIOD

Enjoy it!

USE OF AI TOOLS

Examples	Allowed?	Notes
Reviewing general social work concepts or frameworks	✓	General, non-case learning only.
Brainstorming group or programme ideas	✓ with conditions	No identifiable information; refine in supervision.
Checking grammar or clarity of anonymised group/programme text	✓ with conditions	Student authorship and professional judgement must remain central.
Summarising publicly available policy or research	✓ with conditions	Read and verify the original source.
Writing or editing case notes, recordings, summaries, assessments, diagnoses, risk judgements, or intervention plans	✗	Strictly prohibited for specific clients or confidential records.
Entering client, participant, or identifiable agency information	✗	Strictly prohibited.
Using AI to generate a complete proposal or report without substantive student work	✗	The final work must demonstrate the student's own learning and reflection.

NOTES

- Retain AI-use records, including prompts and outputs verbatim, for verification if required.
- “Writing” includes text produced for essays, presentations, reports, and other written materials.
- Submit original non-AI work and required supporting documents to the course instructor separately, not via Turnitin.
- Clearly declare all AI-generated, modified, or assisted content in the submission.

DON'TS

- Facebook
- Don't use of mobile phone during placement
- Don't WhatsApp during placement and lunch
- Discipline
- Dress code

<https://placement.socialwork.hku.hk/>



ORIENTATION VISIT

I) Tung Wah Group of Hospitals :

Lok Kwan District Support Centre 東華三院樂群地區支援中心

- Date: 30 Sept 2026
- Time: 16:00 – 17:30
- Address: G/F, Full Moon Building, 398-400 Queen's Road West, Hong Kong



ORIENTATION VISIT

2: New Life Psychiatric Rehabilitation Association

The Wellness Center (Yau Tsim Mong)

- Date: 13 Oct 2026
- Time: 15:30-17:30
- Address: G/F - 1/F, Flourish Mansion, 9 Cheung Wong Road, Mong Kok, Kowloon



New Life
Psychiatric Rehabilitation Association
新生精神康復會





MID-TERM SHARING

- Date: 7 Dec 2026
- Venue: CPD532
- Time: 3:30-5:30pm

CORRESPONDENCE OF SETTING COORDINATOR

Name: Monica Mok

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REFERENCE

Department of Social Services website, The Government of the Hong Kong Special Administrative Region, accessed 29 April 2024, <<https://www.swd.gov.hk/>>.