# ORIENTATION FOR BLOCK PLACEMENT

REHABILITATION SETTING

Monica Mok May 10, 2025



- To develop capabilities and potentials of people with disabilities;
- To facilitate their community living;
- To empower them and their families to assert their rights;
- To enhance their quality of life;
- To create an inclusive society and to promote social equality

## OVERALL OBJECTIVES OF SERVICE

#### SERVICES ARE CATEGORIZED BY

- Age
- Types of Disability
- Nature of Services (i.e. residential, communitybased, training, vocational/employment, and supportive)

#### TYPES OF SERVICES

- Adult Services (aged > 15)
- https://www.swd.gov.hk/en/pubsvc/rehab/
  - Services for People with ID (MH)
  - Services for People with ex-MI
  - Services for People with PD (PH)

What is the reason for selecting the rehabilitation setting?

#### SHARE YOUR THOUGHTS!

## EARLY EDUCATION AND TRAINING CENTRE PARENTS RESOURCE CENTRE

- Parents and relatives of persons with disabilities
- family members or carers of persons of all disabilities.
- As an initiative of the 2018 Policy Address, specialised EM units will be set up in PRCs in five districts with a larger population of EM, viz.
   Central and Western, Kwun Tong, Yau Tsim Mong, Kwai Tsing and Yuen Long Districts, to provide tailored services for EM families in need.



#### THE OBJECTIVES OF PRCS ARE:

- To enhance self-support and mutual help within and among families with members with disabilities;
- To enhance parents' and other family members'/relatives' knowledge and acceptance of their family members/relatives with disabilities;
- To empower the entire family functioning in coping with their emotional stresses and difficulties in raising person with disabilities; and
- To enhance public understanding and acceptance of persons with disabilities and their families in the community.



### NEEDS OF PARENTS AND FAMILIES

- Experience stress and complex emotions that may influence family interactions and relationships.
- Parenting issues.
- They may overlook their own needs, those of their spouse and other children.
- Acceptance

#### THE SERVICES INCLUDE:

- Discuss matters of mutual interest and meet others with similar problems;
- Provision of support services, which include individual, group and mass activities for parents and relatives of persons with disabilities to meet the families' needs;
- Provision of resource materials such as books, magazines, educational facilities or other information of value to the parents and relatives for better understanding and care to their family members/relatives with disabilities;
- Provision of community education/ networking programmes to promote public understanding and acceptance of persons with disabilities; and
- Provision of intensive counselling and therapeutic groups to improve parents' ability to take care of their children with special needs.
- PRCs with specialised EM units will also provide tailored services for EM service
  users in view of their language barrier and cultural difference to facilitate and
  encourage their use of community services to meet their needs and to promote
  social inclusion.

#### **NECESSARY SKILLS**

- Understand related knowledge and resources:
  - Knowledge of different SENs
  - Community resources: financial, training, tutorial support....
- Individual counselling skills
- Family counselling skills
- Therapeutic groups: stress and emotional management...
- Educational groups: parental skills...



## EXAMPLES OF GROUPS/PROGRAMME/PROJECT

- Groups
  - Parents:
    - Stress management, mental wellbeing,
    - Parental skills
    - Relationship with children
  - Children
    - Social skills
    - Emotional management
    - Self esteems
    - Exploring their strength
- Prgramme
  - Family relationship
  - Family communication

### INTEGRATED COMMUNITY CENTRE FOR MENTAL WELLNESS (ICCMW)

- To enhance the social support and re-integration of the ex-mentally ill persons into the community
- Through the one-stop and integrated service mode, the ICCMW provides one-stop, district-based and accessible community support and social rehabilitation services ranging from early prevention to risk management for discharged mental patients, persons with suspected mental health problems, their families / carers and residents living in the serving district through a single-entry point.



#### SERVICE TARGETS

- Persons in mental recovery
- Persons with suspected mental health problems
- Their families or carers and
- Residents living in the serving district.

#### **NEEDS**

- Experience emotional distress.
- Have mental illnesses such as depression, anxiety, or schizophrenia, but do not manage their illness properly.
- Deal with unemployment and struggle to find acceptance and employment in society.
- Have low self-esteem and feel misunderstood by the general public.
  - Experience stress as caregivers.

#### SCOPE OF SERVICES

- Drop-in services;
- Outreaching services;
- Casework counseling;
- Therapeutic and supportive group work services;
- Social and recreational activities;
- Day training;
- Outreaching occupational therapy training services;
- Peer support services;
- Clinical psychological service;
- Public education programs on mental health;
- Referral to the Community Psychiatric Service of the Hospital Authority for clinical assessment or psychiatric treatment.



#### **NECESSARY SKILLS**

- Understand related knowledge:
  - Knowledge of different mental illness
  - Service model: Recovery model, strengthbased approach, Integrative family and systems treatment (I-FAST)
- Individual counselling skills
- Family counselling skills
- Therapeutic groups
- Community education programmes
- Programmes promote social inclusion



## EXAMPLES OF GROUPS/PROGRAMME/PROJECT:

#### Group

- Volunteer training, social skills training, stress management, emotional regulation, mental wellbeing, self-understanding...
- Programme/project
  - Outings
  - Promotion inclusion
  - Public education

#### **EXPECTATIONS**

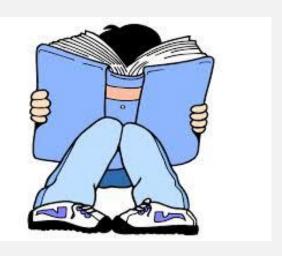




PERFORMANCE OF STUDENT WORKER

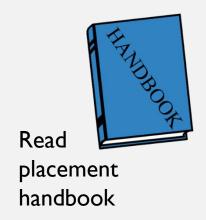
EXPECTATIONS ON SUPERVISOR

#### **BEFORE PLACEMENT**





























#### **Don'ts**

#### AI GENERATED LANGUAGE MODELS

As per the 2023 – 24 course outlines of SOWK4006, 4007, 6225 & 623 I

- In order to maintain clients' confidential data and in line with the ethical practice of the profession and the requirements of the personal data (Privacy) Ordinance, 1995, which are reiterated in the social work fieldwork placement handbook (pp.16), it is prohibited to use the Al generated language models for fieldwork courses."

Remark: The use of Grammarly is acceptable.



- Facebook
- Don't use of mobile phone during placement

https://www.youtube.com/watch?v=YUM

- Don't WhatsApp during blacement and lunch
- Discipline
- Dress code

https://placement.socialwork.hku.hk/



### ORIENTATION VISIT

New Life Psychiatric Rehabilitation Association –

The Wellness Centre (Yau Tsim Mong)

- 新生精神康復會 安泰軒(油尖旺)
- Date: 6 June 2025
- Time: 10:30 am 12:00 pm





#### MID-TERM SHARING

Date: 4 July 2025

Venue:TBC

• Time: 3:00pm

## CORRESPONDENCE OF SETTING COORDINATOR

Name: Monica Mok

Office: CJT 553

Email:

monicahwm@hku.hk

#### REFERENCE

Department of Social Services website, The Government of the Hong Kong Special Administrative Region, accessed 29 April 2024, <a href="https://www.swd.gov.hk/">https://www.swd.gov.hk/</a>>.