



2025-2026 Placement Briefing

Elderly Service Setting (ES)

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23 November, 2024

Knowing you

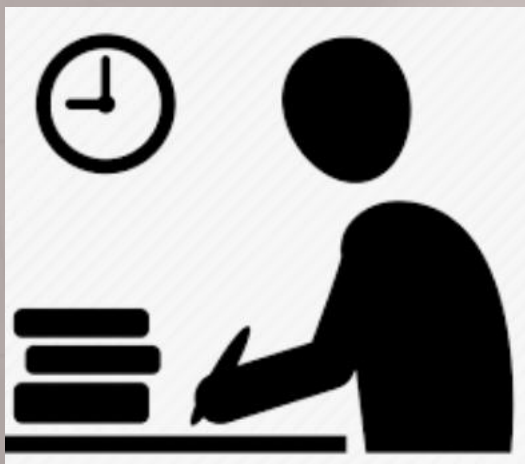
* how many of you thinking of choosing ES in one of the 2 placement choices?

* what are the thoughts you have about ES placement?

白花油味。。

好悶，好慢，
好SAD。。

手工藝，懷舊。。



Today's Agenda

- Give you a reason – Why ES ?
- What will you experience in the ES placement ?
- What are the key considerations & Requirements?
- Q&A

Why ES?

United Nations

Latest trends in Population Ageing

According to the [World Population Prospects 2022](#), the population above the age of 65 years is growing more rapidly than the population below that age.

The proportion of people aged 65 years and above is increasing at a faster rate than those below that age. This means that the percentage of the global population aged 65 and above is expected to rise from 10% in 2022 to 16% in 2050.

It is projected that by 2050, the number of individuals aged 65 years or above across the world **will be twice the number of children under age 5 and almost equivalent to the number of children under 12 years.**

Why ES?

World Health Organization

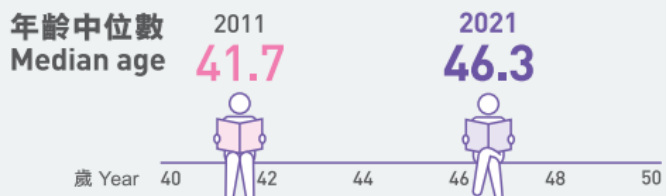
1 October 2022

Key facts

- All countries face major challenges to ensure that their health and social systems are ready to make the most of this demographic shift.
- In 2050, 80% of older people will be living in low- and middle-income countries.
- The pace of population ageing is much faster than in the past.
- In 2020, the number of people aged 60 years and older outnumbered children younger than 5 years.
- Between 2015 and 2050, the proportion of the world's population over 60 years will nearly double from 12% to 22%.

Population Census Key Statistics 2021 人口普查 主要統計

Hong Kong



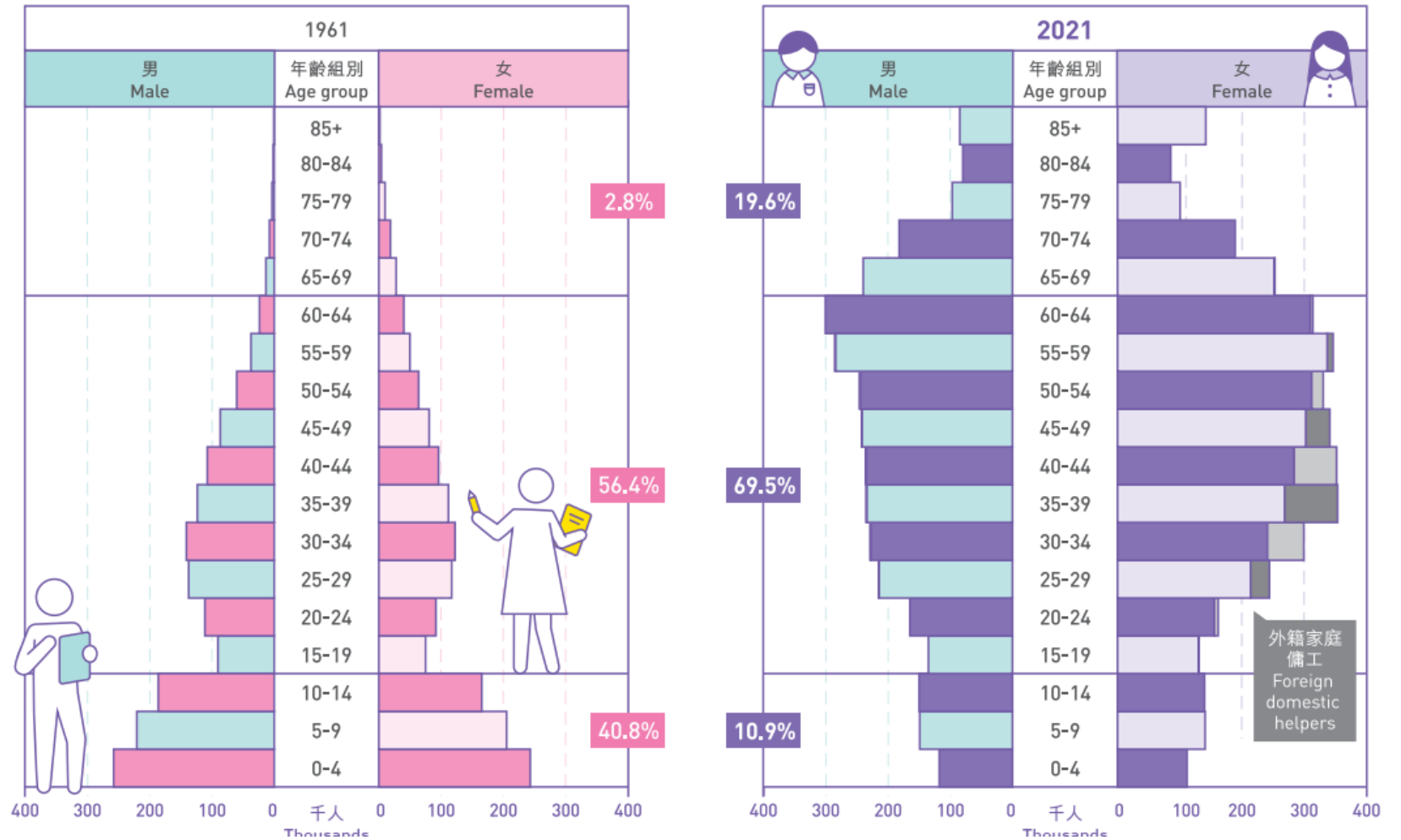
人口數目及年齡結構 Population and age structure



Hong Kong

Population Pyramid 1961 vs 2021

1961 年及 2021 年的人口⁽¹⁾金字塔
Population⁽¹⁾ pyramids, 1961 and 2021



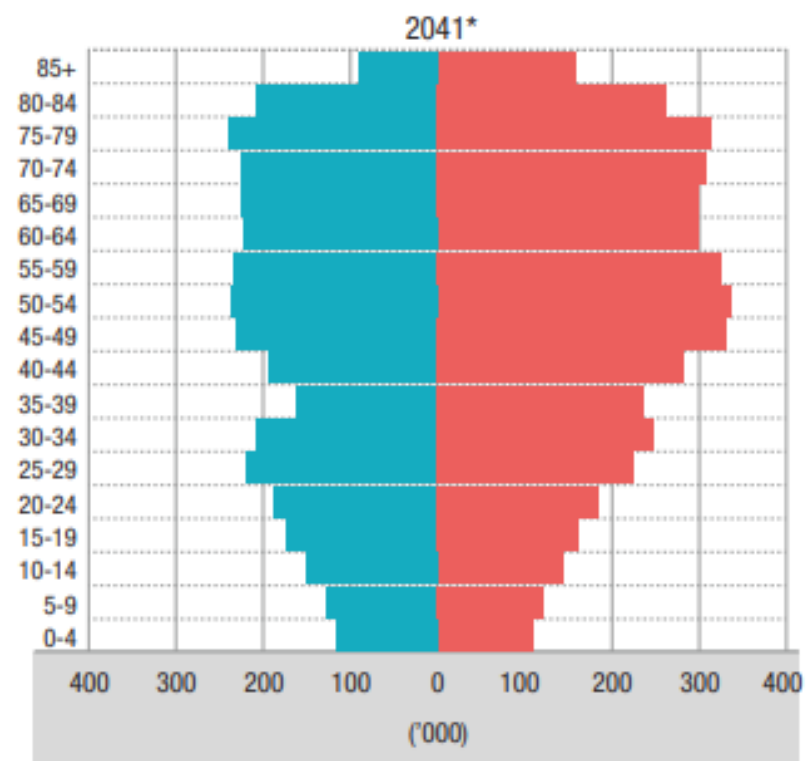
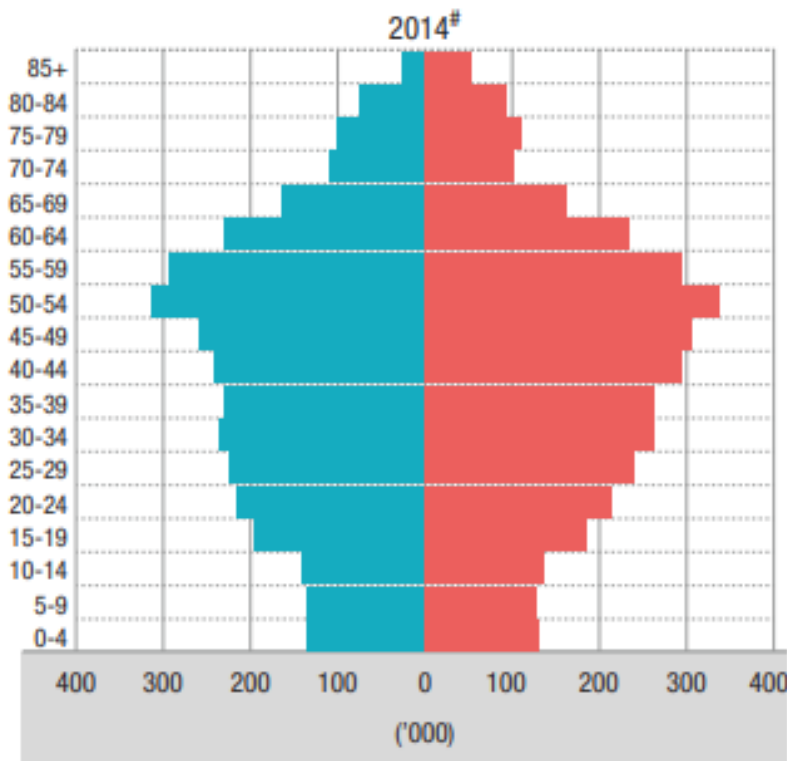


Hong Kong

Population Pyramid

2014 VS 2041

Diagram 2: The inverted population pyramid in 2041



Provisional figures

* Projected figures

Male Female

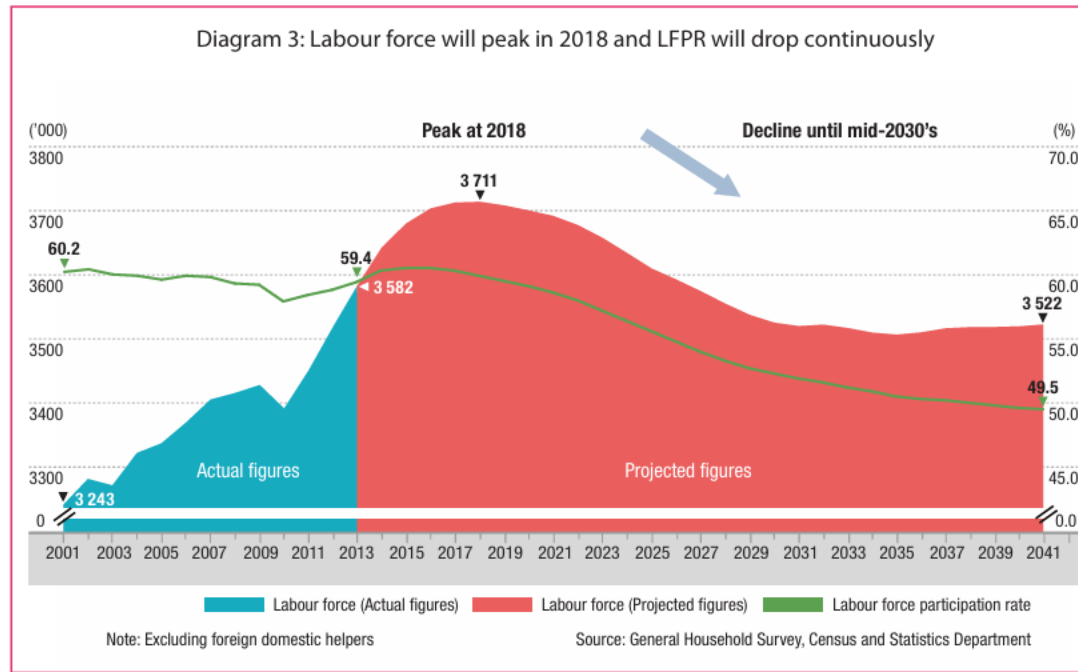
Source: Demographic Statistics Section, Census and Statistics Department



Hong Kong

Labour Force Participation Rate Declines Dependency Ratio Worsens

2. An ageing population will lower our labour force participation rate (LFPR) (i.e. the proportion of the labour force within the total population aged 15 or above). Our labour force is expected to peak at 3.71 million by around 2018 and then decline to 3.51 million by 2035 before returning to modest growth. The LFPR will drop from 59.4% in 2013 to 49.5% in 2041 (Diagram 3).



Our population ages rapidly

Low birth rates and longer life expectancy will contribute to ageing population

Insufficient labour force and slower economic growth

Healthcare and elderly welfare and services expenditures will increase

A structural deficit may occur in future

The sustainability of public finances will be adversely affected

Formulation of population policy to tackle challenges



Hong Kong

Population Pyramid 2014 VS 2041

Embracing Opportunities in an Ageing Society

Some examples:

- The "\$2 Public Transport Fare Concession Scheme"
- The Hong Kong Housing Society (HKHS) launched the "Age-in-Place" (AIP) Scheme in its rental estates for elderly residents to fulfill their aspiration to age in place
- The Reverse Mortgage Scheme of the Hong Kong Mortgage Corporation Limited enables the elderly to use their self-occupied residential properties as security to borrow from a bank
- The Senior Citizen Residences Scheme operated by the HKHS provides a one-stop service of housing, community recreation and medical care services to the elderly who have means to lead an independent life.
- Implement the Guangdong Scheme, to help eligible elderly people who choose to reside in Guangdong to receive the Old Age Allowance

Government expenditure on the elderly

RT02/19-20
13 December 2019

1. Introduction

1.1 Hong Kong's population has been ageing fast in recent years as a result of lower fertility rate and higher life expectancy. Amid population ageing, caring for the elderly has been a key Government policy objective. Recurrent expenditure on three major service areas – elderly care, medical/health care services, and financial assistance – accounts for an estimated HK\$91.9 billion or 20.8% of the total government expenditure¹ in 2019-2020 ([Table](#)). The estimated amount represents an average

Table – Recurrent government expenditure on the elderly by major service area (HK\$ million)

	2012-2013 (actual)	2013-2014 (actual)	2014-2015 (actual)	2015-2016 (actual)	2016-2017 (actual)	2017-2018 (actual)	2018-2019 (revised estimate)	2019-2020 (estimate)	Annual average growth
1. Elderly care	4,748.0	5,178.7	5,999.5	6,592.0	7,022.1	7,345.8	8,307.3	10,235.6	11.6%
- Community care and support	1,529.0	1,606.1	1,875.0	2,172.1	2,300.6	2,364.6	2,690.3	3,314.6	11.7%
- Residential care	3,062.8	3,409.5	3,952.9	4,243.7	4,538.8	4,793.9	5,424.6	6,714.1	11.9%
- Transitional care ^(a)	156.2	163.1	171.6	176.2	182.7	187.3	192.4	206.9	4.1%

Source: <https://www.legco.gov.hk/research-publications/english/192orto2-government-expenditure-on-the-elderly-20191213-e.pdf>

Hong Kong

The 2024-25 Budget Speech

Caring and Inclusive Community

- **\$680** million to support vocational and professional education, extending the Pilot Incentive Scheme to Employers and the Pilot Subsidy Scheme for Students of Professional Part-time Programmes for **5** years
- **\$100** million reserved to support self-financing post-secondary institutions to form Alliance of Universities in Applied Sciences

- No. of Community Care Service Vouchers to increase to **11 000** in the year
- No. of Residential Care Service Vouchers for the Elderly to increase to **5 000** from **second** quarter this year



- Implement a **3**-year pilot scheme in 2024 to provide additional subsidy of **\$500** per month for employed disabled recipients of CSSA
- Set up **10** aided, standalone childcare centres in phases, adding **900** places for child day-care services within **3** years
 - Extend the After School Care Programme for Pre-primary Children in phases to cover all districts. No. of service places to increase to about **1 200** within **3** years





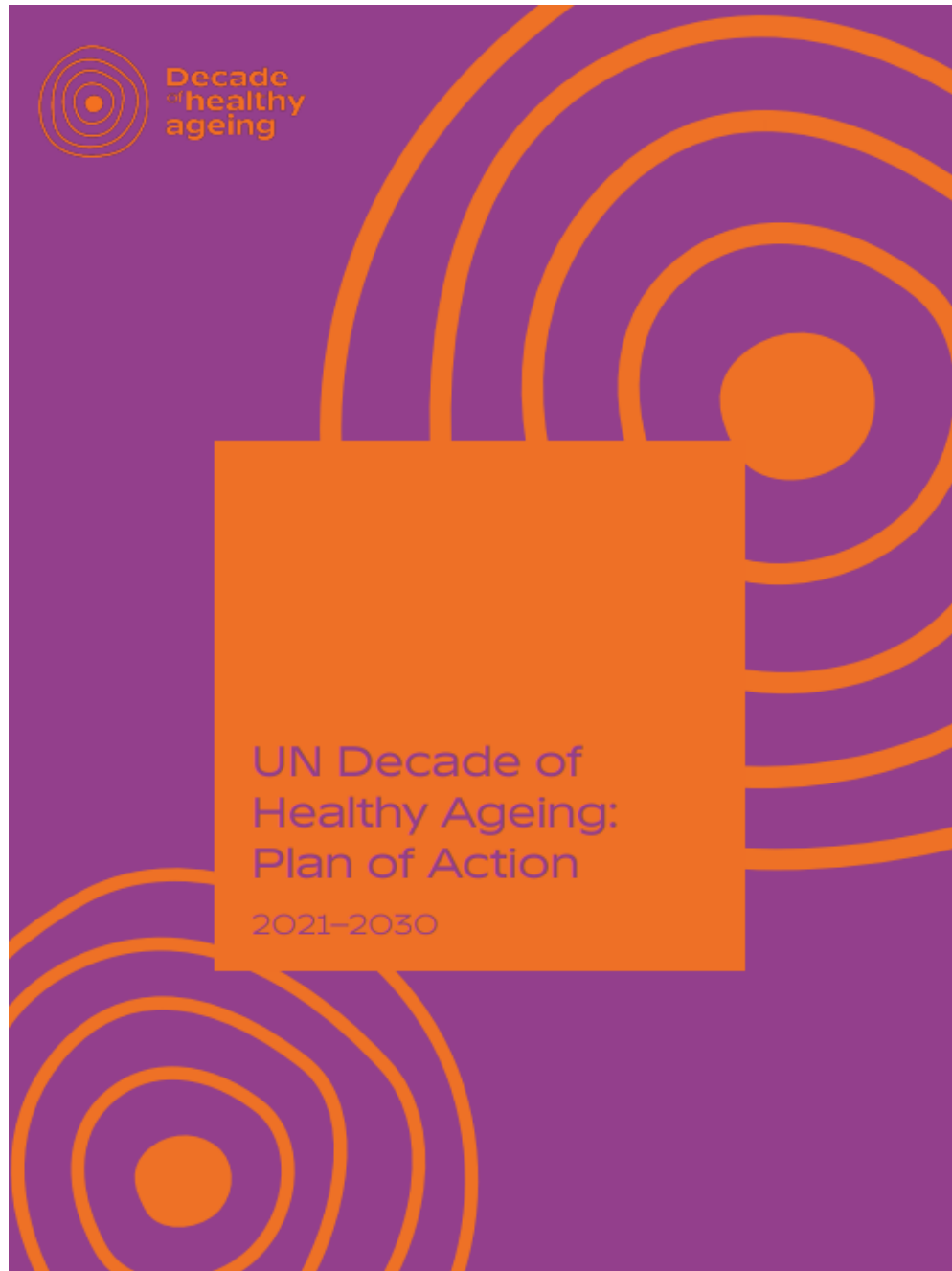
危機

Danger

Opportunity

It will **increase demand for primary health care and long-term care**, require **a larger and better trained workforce** and intensify the need for environments to be made more age-friendly.

UN Decade of Healthy Ageing 2021 - 2030



UN Decade of Healthy Ageing 2021 - 2030

What is WHO's role in the UN Decade of Healthy Ageing?

The United Nations Decade of Healthy Ageing (2021–2030) is a global collaboration, aligned with the last ten years of the Sustainable Development Goals, to improve the lives of older people, their families, and the communities in which they live. The World Health Organization was asked to lead the implementation of the Decade in collaboration with the other UN organizations and serves as the Decade Secretariat. Governments, international and regional organizations, civil society, the private sector, academia and the media are encouraged to actively contribute to achieving the Decade's goals through direct action, partnering with others, and by participating in the Healthy Ageing Collaborative.



Hong Kong (Elderly Commission 安老事務委員 會)

《安老服務計劃方案》建議哪些服務發展方向？

土地和設施規劃



重訂安老服務設施規劃比率

人手和培訓



加強安老服務的人手規劃和培訓

財政可持續性



讓安老服務的財政長遠可持續

服務提升



提升服務內容和質素，支援居家安老

Hong Kong

2014

香港中文大學
賽馬會老年學研究所

1999

香港大學
秀圃老年研究中心

1998

嶺南大學
亞太老年學研究中心

2010

香港理工大學
活齡學院

Social Enterprises

The screenshot displays the Social Enterprise Directory (SEDB) website. The header features the SEBC logo (Innovate • Invest • Incubate) and a navigation menu with links: Social Enterprise, SE Directory, SE Setup Guide, SE Map, SE News, SE Download, SE, About Us, What's New, SE Support Services, and Social Innovation. Below the header is a search bar with the placeholder text 'Type a Keyword'. The main content area shows search results for 'Elderly Services', displaying 'Showing 1 - 10 in 31 results for Elderly Services.' and a pagination control with links for 1, 2, 3, 4, next, and last. The first result is for 'Y Care (Yau Yat Chuen)', which includes a logo and a description of its services for the elderly.

SEBC
Innovate • Invest • Incubate

Social Enterprise

SE Directory SE Setup Guide SE Map SE News SE Download SE


About Us What's New SE Support Services Social Innovation

Business Nature ▾ Districts ▾ Social Missions ▾ Type a Keyword

Elderly Services

Showing 1 - 10 in 31 results for [Elderly Services](#).

1 2 3 4 next last



Y Care 青健坊

Y Care (Yau Yat Chuen)

By providing one-stop day care and home rehabilitation services for the elderly, including day-care respite, professional rehabilitation treatment and cognitive training to promote the elderly's rehabilitation, physical and mental health. At the same time, the center also hopes to reduce the pressure on caregivers and strengthen their family functions.

Social Enterprises / Self-finance services

尊賢會
(The Jade Club)

<https://www.thejadeclub.com.hk/>

銀杏館
(Ginkgo House)

<https://www.ginkgohouse.hk>

基督教香港信義會社會
服務部「金齡薈」

https://service.elchk.org.hk/unit_service3.php?center=76

仁愛堂田家炳銅鑼灣
長者活動中心

<https://se5.yot.org.hk>

Projects

JC Joyage
2016 – present

Jockey Club Holistic Support Project for Elderly Mental Wellness

賽馬會樂齡同行計劃樂齡友里樂齡之友身心健康行動計劃

The project aims to enhance the community capacity in older adults mental support, promote effective coordination among district elderly services and community mental health services, improve service access and coverage for older adults in need, and exert positive influence on families and the neighbourhood to improve mental health literacy.

Projects

JC Age— friendly City 2015 – present

Jockey Club Age-friendly City 香港賽馬會長者及年齡友善城市

Objectives:

- Assess the age-friendliness of each district and build momentum in developing an age-friendly community
- Recommend a framework for districts to undertake continual improvement for the well-being of senior citizens
- Arouse public awareness and encourage community participation in building an age-friendly city

Projects

賽馬會50+共創豐盛計劃

以「創業」為平台，
50+在過程中加深認識社會需要，
共同發揮個人專長和專業知識，
發展以「社會創新」為理念的項目服務
社會大眾；
同時協助50+探索方向，為人生下半場帶來更多機遇和選擇。

SWD —

「老有所為活動計劃」

Through subsidising various social service organisations, district organisations, and educational institutes, etc., to carry out a wide range of programmes, the 'Opportunities for the Elderly Project' (OEP)

The pilot scheme was implemented from february 2018

The theme for **2024-26** is “**Bonding Across Generations for a Rich and Fulfilling Life**”. The aim is to encourage inter-generational interaction and inclusiveness, promote learning between the elderly and individuals from diverse age groups, unleash their potential and contribute to the community, so as to spread the spirit of care and mutual assistance. While embodying the attitude of “living life to the fullest even in golden years”, we also seek to strengthen inter-generational solidarity to build a harmonious and joyful community, and to share a meaningful and flourishing life.

Source: [https://](https://www.swd.gov.hk/en/pubsvc/elderly/cat_commsupp/opportunit/#:~:text=Through%20subsidising%20various%20social%20service,unleash%20their%20potentials%2C%20of%20further%20their)

www.swd.gov.hk/en/pubsvc/elderly/cat_commsupp/opportunit/#:~:text=Through%20subsidising%20various%20social%20service,unleash%20their%20potentials%2C%20of%20further%20their

SWD_ Projects

智友醫社同行計劃

**Dementia
Community
Support Scheme**

To provide support services to elderly persons with mild or moderate dementia and their carers through a **medical-social collaboration** model

DECCs will arrange activities and services for participants according to their individual care plans and individual needs with a view to enhancing/improving their cognitive functions, knowledge of home safety, ability of self-care, physical functioning, social skills, and alleviate carers' burden etc.

The pilot scheme has been regularised since February 2019 and expanded to all 41 DECCs and 7 HA clusters in the territory in 2019-20.

Annual Events

The Gerontech and Innovation Expo cum Summit (GIES)

Jointly hosted by the HKSAR Government and the Hong Kong Council of Social Service, and co-organised with the Hong Kong Science and Technology Parks Corporation, is the largest gerontechnology public education event in Hong Kong.

<https://gies.hk/en>

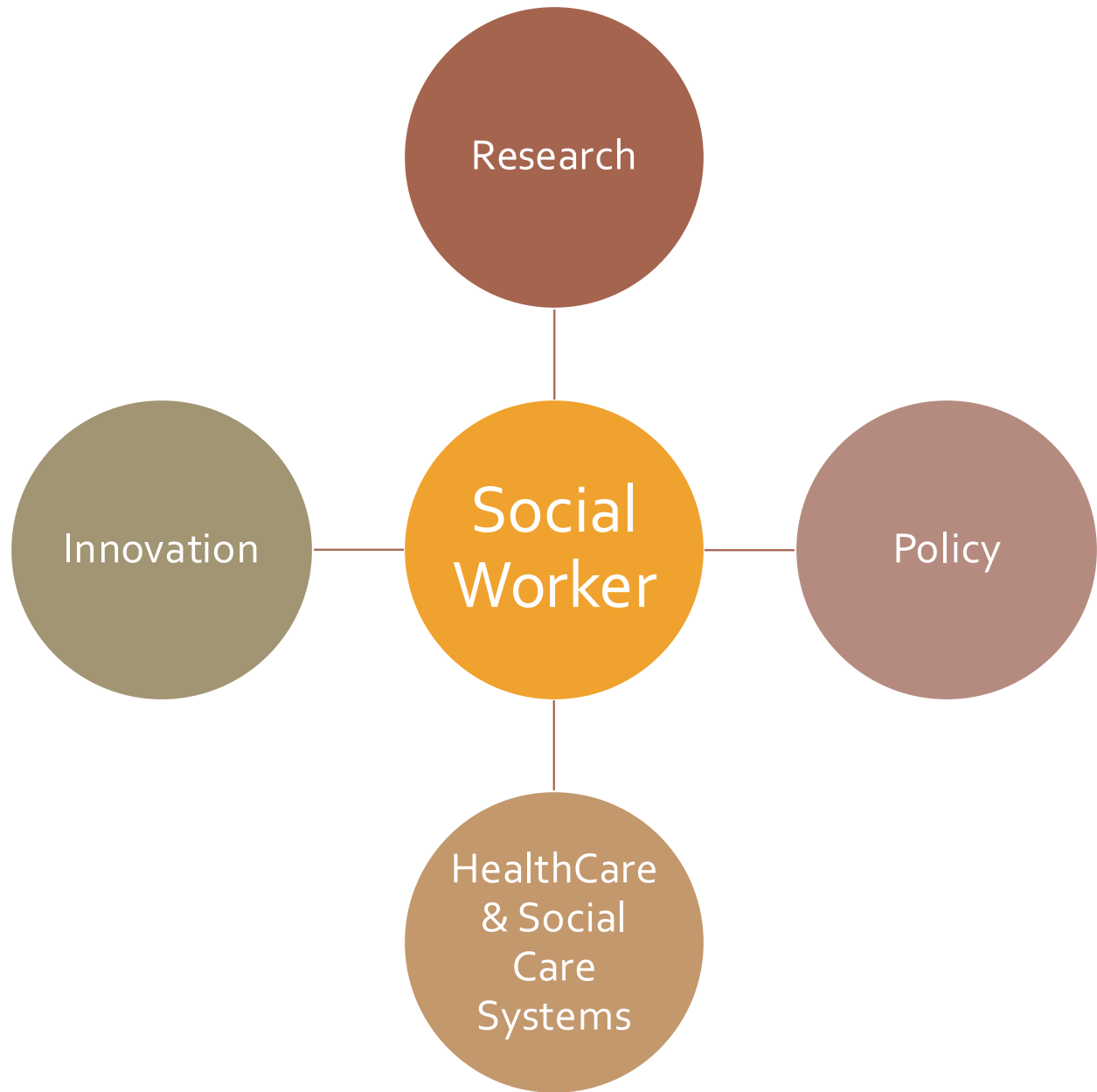
Golden Age Expo and Summit (GAES)

Launched in 2016, GAES has instigated the development of numerous activities related to ageing. The event strives to inspire the golden age community to become a new driving force for social innovation.

The all-in-one event exhibits the latest technology, innovative products and services in the ageing industry, and gathers local and international influential thinkers and leaders from various sectors to share innovative ideas and experiences on ageing.

<https://goldenage.foundation/en/gaes2023>

The answers to Why ES?



What are the experiences?

You will learn the CONCEPTS OF CARE

- ✓ Continuum of Care
- ✓ Ageing in Place
- ✓ Social & Health Integration Approach in the Care for the Aged
- ✓ “Successful Ageing”; “Healthy Ageing” or “Smart Ageing”; Creative Ageing
- ✓ “Positive Ageing”
- ✓ “Holistic Health”
- ✓ “Quality of Life of Older Adults”
- ✓ “Person-centered Care (VIPS)”

What are the experiences?

You will know the Elderly & the community resources supporting ageing

- Understand the needs and characteristics of the elders and learn about the related social/community resources to support them

Spectrum of needs of elderly



You will learn to apply skills and social work knowledge to work with different groups of the elders

What are the experiences?

- the retirees
- the singleton
- doubleton elderly
- the elderly living with different long-term illnesses e.g. Dementia; Parkinson's Disease; Stroke; Cancer; mental illnesses – Depression and Anxiety and to work with the caregivers.
- Crisis related knowledge – e.g. bereavement/ Elderly suicide / suspected Elderly abuse

What are the experiences?

You will expose to practice of multi-disciplinary care approach

- working with other healthcare professionals such as nurse; occupational therapist; physiotherapist; dietitian; music therapist etc

Subvented Services

Residential Care Services

- Care and Attention Homes for the elderly (C&A Homes)
- Nursing Homes (NH)
- Enhanced Bought Place Scheme
- Residential Care Service Voucher for the Elderly (RCSV)

Community Care Services

Elderly centre services

DECC / NEC / STE / SE

Community Care Services

Day Care Centers / IHC / EHCCS

Other support services

What are the experiences?

Cases, Groups, Programs

Residential Home

- Target: elders who assessed to be of moderate impairment and require daily personal care and attention.
- Provide residential care, meals, personal care and limited nursing care

Social Worker Roles:

- Administration duties
- Social Care Groupwork, case and program
- Work as a bridge between the home and the family members
- Support care team to address the social care needs of the residents

Click the link to learn more about residential home services from SWD

https://www.swd.gov.hk/en/pubsvc/elderly/cat_residentcare/index.html

Residential Homes

Methods of Work:

* Residential Home-Based

* Some community event

- **Mainly Mon to Fri duties**
- **Working Hours: 9:00 am – 5:00/6:00 pm**
- **Saturday duty can only be arranged upon discussion with OIC** due to a lack of support from Agency social worker on Saturdays.
- Sometimes weekend duties for programs/events.
- **Need to fit the routines of the homes e.g. the meal times and the nap/sleeping times**
- **Placement hours at night or on weekend is not a norm** due to the routine of the elderly and the work schedule of the multi-disciplinary team.

- For **Part-time students**: Please note that it is not a norm for placement students to work in night shift. You are also recommended **to stay flexible to commit work during weekdays** as most of staff meetings and client social welfare services are arranged during the office hours.

District Elderly Community Centre (DECC)

Neighbourhood Elderly Center (NEC)

A community support service to provide a range of comprehensive services to enable elderly persons to remain in the community, to lead a healthy, respectful and dignified life and to enhance their positive and contributing role to the society

Social Worker works with the elderly and the caregivers through :

Methods of Work:

- * CENTER –BASED : casework, groupwork, program
- * HOME VISIT
- * COMMUNITY OUTREACH

Click the link before to learn more of the services from SWD

https://www.swd.gov.hk/en/pubsvc/elderly/cat_commsupp/elderly_centres/

**District Elderly
Community Centre (DECC)**

**Neighbourhood Elderly
Center (NEC)**

- **Mainly Mon to Fri duties (8:30am/9 am to 5/6 pm)**
- **Saturday duty possible in NEC/DECC, however, with less supervision support from social workers.**
- Sometimes weekend duties for programs/ events.
- Casework, groupwork and program

Scope of Services:

- **Educational & Developmental (e.g. volunteer development)**
- **Social Activities**
- **Counselling**
- **Supports for the Elderly (STE)**
- **Caregiver Supports**
- **Integrated Home Care Services**
- **Enhanced Home and Community Services**

Casework

- Case management for referrals of tangible services (LTC case)
- Carer Stress and Support (Needy Carers and Ordinary Carers)
- Long term care due to Health issues: Dementia/Cancer/Stroke
- Family relationship
- Bereavement
- Depression
- Risk of Social Isolation

Groupwork

- **Developmental group:**

Positive Aging, Volunteer training, Social relationship, GrandParenting, life and death....

- **Therapeutic Group:**

Cognitive Stimulation; Chronic Pain, Insomnia, Depression....

- **Carer Support Group:**

Stroke, Dementia...

Needy Carer
Support
Group

Groupwork

耆樂·身心靈
有需要護老者支援小組

 了解
認知障礙症

 學習
健康快樂
的秘訣

 分享
照顧經驗

耆樂·共聚	16/11/2020	上午	8:30-9:30
耆樂·快樂	23/11/2020	上午	8:30-9:30
耆樂·感恩	30/11/2020	上午	8:30-9:30
耆樂·樂觀	07/12/2020	下午	2:00-3:00
耆樂·自賞	14/12/2020	下午	2:00-3:00
耆樂·再會	21/12/2020	下午	2:00-3:00

共6節，逢週一
在曲尺閣，不見不散！

Groupwork

Psychoeducational
mutual support group –
PERMA of Positive
Psychology

快樂，你有得揀！



覺察能力



抗逆能力



正向思考



自信心

well
well
well



快樂，你有得揀！

第二節

工作紙1：壓力溫度計

姓名：_____
性別：_____
年齡：_____



請你為每天的壓力指數填上顏色。

2020-11-24 (星期二)	☆	☆	☆	☆	☆
2020-11-25 (星期三)	☆	☆	☆	☆	☆
2020-11-26 (星期四)	☆	☆	☆	☆	☆
2020-11-27 (星期五)	☆	☆	☆	☆	☆
2020-11-28 (星期六)	☆	☆	☆	☆	☆
2020-11-29 (星期日)	☆	☆	☆	☆	☆
2020-11-30 (星期一)	☆	☆	☆	☆	☆

Groupwork

「快樂掌門人」正向生活小組



充實自己

快樂生活

樂觀積極

積極人生

「老友記」進入人生下半場，要怎樣規劃及運用才能擁有更積極，精彩的生活？正向心理學強調使用五大元素（正向情緒、全心投入、正向人際、生命意義、成就感）建構個人生活，讓組員以正能量使人生變得更快樂，有意義。

Groupwork

最緊要玩得開心 😊

樂活330

整全健康小組

遊戲 藝術創作

學習身心靈健康

養生運動 呼吸練習 與情緒共處

日期： 2020 年 12 月 23、30 日 (三)
2021 年 1 月 6、13、20、27 日 (三)
(共 6 節)

時間： 下午 3:00 - 4:00

地點： 中心雅悅

費用： 全免

負責實習學生：



Program

- Caregivers Appreciation
- Festive seasons celebration
- End of Life Information
- Boardgame
- Family Photo Day
- Volunteer Service Day
- Drama Theatre
- Elderly Welfare Services Information
- Elderly Friendly Community
- Mental Health – Human Library

Special Projects

Hong Kong Red Cross

Jockey Club “Beat the Heat” Project

Objectives

- Improve the preparedness and awareness of the society, with a focus on older people, to the impact of the changing climate;
- Assess the impact of evidence-based interventions and identify individuals with high vulnerability to heat-related illnesses;
- Devise a pilot model of community services coordination that could be replicated in other subvented organisations in Hong Kong for future summertime with increasing intensity and duration of heatwaves;
- Educate the public and the frontline community workers on the importance of climate change to their health and the corresponding coping strategies.

Service Targets

Singleton or doubleton Elderly living in Yau Tsim Mong District

Scope of Service

To reduce health risks for the elderly during hot weather and raise awareness of the importance of climate change on health and coping strategies.

Services include home visits, small-scale home improvement services, provision of health and safety-related information to the elderly, and organizing various health promotion activities such as talks and workshops.

Work-related information:

Opening Hours of the Unit: 9am-6pm

Placement Opportunities : Casework (case management approach to make referrals to community partners such as District Health Centre), Group work or Community work/Program.

Website: https://www.redcross.org.hk/en/community_healthcare/hhp.html

Special Projects

Hong Kong
Housing Society

Nature of Placement Units:

Senior Housing– Senior Citizen Residences (elderly housing) or Residential Care Home (not Sub-vented services)

4 Locations: North Point / Ngau Tau Kok / Tseung Kwan O / Hung Hom

Work-related information:

Opening Hours of the Units: 9am-5pm

Possible timeslot for placement students: 1 weekday (AM & PM) + 1 weekend (Sat)

Placement Opportunities : case/ group/ programme

Website: <https://sen.hkhs.com/tc> / <https://www.hkhs.com/tc/our-business/elderly-housing/residential-care-home>



Work Skills/Knowledge

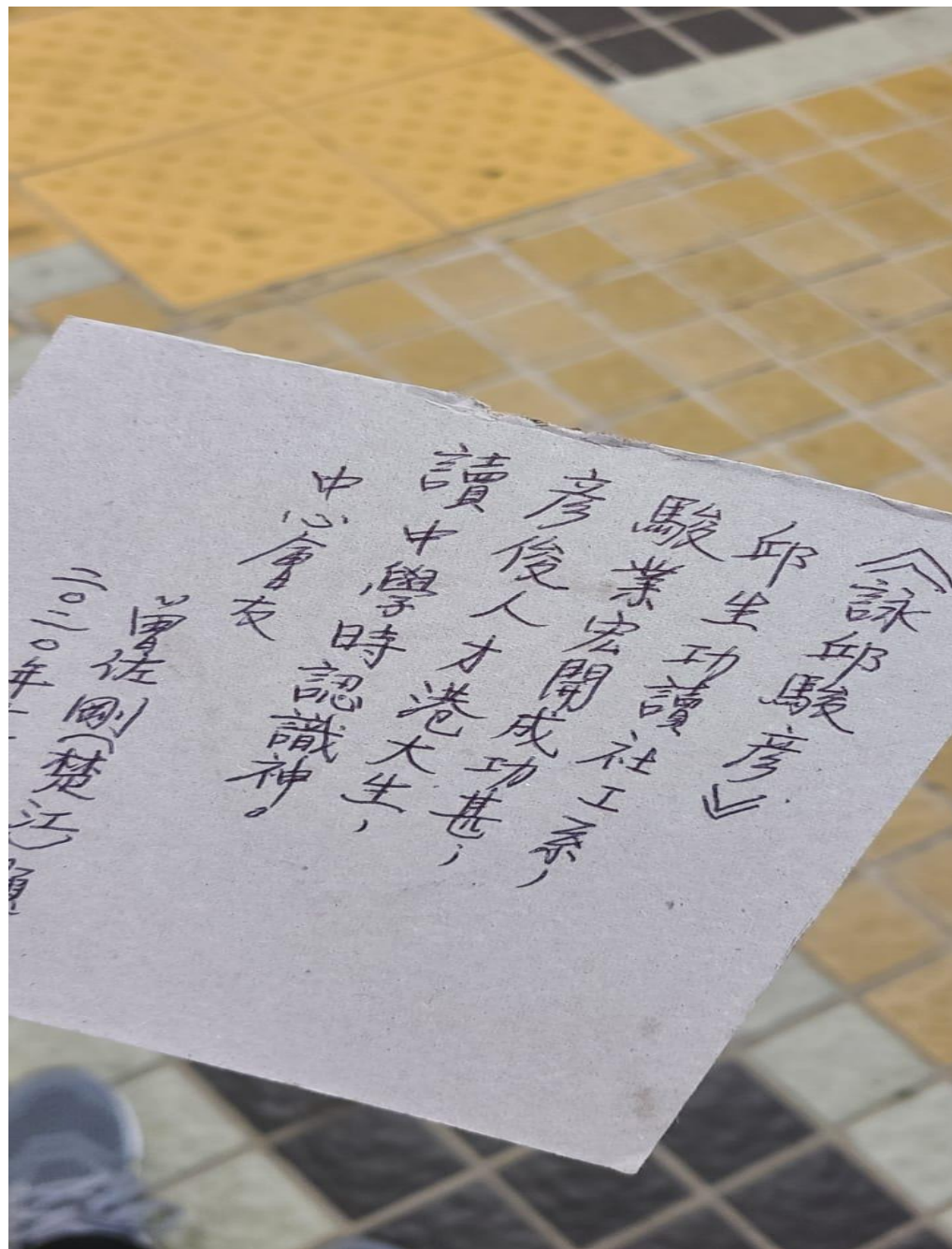
- Coordination skills
- Team work spirit
- Multi-disciplinary cooperation
- Health Issues Faced by the Elderly e.g. Dementia / Stroke
- Good understanding of variety of elderly services and community resources
- Knowledge about Grief and Loss; Bereavement.....



Attitude

- Curiosity & Be Open
- Self-Initiative to learn from different teams
- Patient
- Positive
- Polite, Respect and Care
- Punctuality
- Self-discipline with good time and workload management
- Flexible and willing to shoulder additional duties

Student's Story in ES placement



Alex Cheung

MSW-FT

1st : ICYSC

2nd : DECC



對長者服務印象完全改觀. 以前覺得長者服務好悶, 原本咁多元化

50+ 好好玩, 他們係 Contributors, 有好多發揮. 當義工去解釋 HEALTH REPORT 同可以帶康樂運動小組. 跟他們學到很多

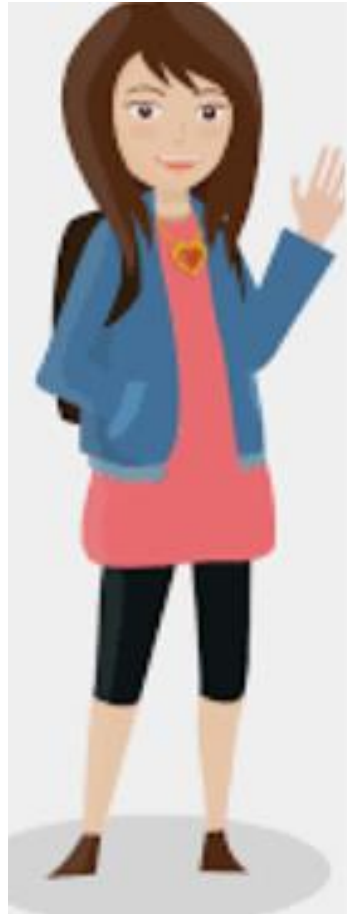
醫社合作,
大開眼界

Sharon Law

MSW-FT

1st : Rehab

2nd : DECC



好豐富嘅體驗

*50 Plus,

- active ageing
- 基層醫療
- 醫社合作

好多新潮活動

* Soft Volleyball

*Singing Bowl

*電競: 傳說對決

大學學嘅可以應用

Groupwork

Casework

Program

Casework可以做家

訪；用family

perspective and

system perspective

去介入。



Thank You !

For Enquiry:

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